

NATIONAL CADET CROPS
DEVA MATHA COLLEGE, KURAVILANGAD

Affiliated to Mahatma Gandhi University, Kottayam



REPORT
OF
ADD-ON COURSE
IN
LIFE SKILLS TRAINING

Academic Year 2021-22

Add-On course offered by National Cadet Corps

Devamatha college, kuravilangad NCC Unit offers add on course on “**LIFE SKILLS TRAINING**” for UG & PG students. The Basic Life skills provides readily available tools to deal with challenges or demands of daily lives A total of 59 students took admission for this course. The details of the course and syllabus are attached.

OBJECTIVES

1. To enhance one’s ability to be fully self aware by helping oneself to overcome all fears and insecurities and to grow fully from inside out and outside in.
2. To increase one’s knowledge and awareness of emotional competency and emotional intelligence at place of study/work.
3. To provide opportunity for realising one’s potential through practical experience.

Syllabus

THE NCC

(4+1Hours)

- Aims and objectives of NCC.
- Organization of NCC song.
- Objective of NCC.

NATIONAL INTEGRATION: IMPORTANCE AND NECESSITY

(0+3Hours)

- Importance of National Integration.
- Essence of National Integration.
- Necessity of National Integration.
- Factors affecting National Integration.
- Measures to achieve National Integration.

PERSONALITY DEVELOPMENT

(3+2Hours)

- The concept of life skills.
- Factors influencing/ Shaping personality.
- Self Awareness.
- Critical and Creative Thinking.
- Decision Making and Problem Solving.

DISASTR MANAGEMENT AND CIVIL AFFAIRS

(2+1Hours)

- Types of emergencies and Natural disasters.
- Assistance during natural and other calamities: Floods,Cyclones,Earthquakes, Accidents.
- National Disaster Management Authority(NDMA).
- Types of Disasters.
- Essential Services and Their Maintenance.
- Employment of NCC Cadets during Natural Disasters.
- Effects of Natural Disasters and Assistance Required.
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HEALTH AND HYGIENE

(3+0Hours)

- Hygiene and sanitation
- Infectious and contagious diseases and its prevention
-

MILITARY HISTORY

(0+3Hours)

- importance of studying military history
- military career
- world war II
- Indo-Pakistan War of 1971
- Kargil War

FIRST AID

(4+4Hours)

- Types of Bandages, First Aid of Fracture, Sprain, Strain, Wounds
- First Aid of Snake bite, Insect bite, Dog Bite
- Artificial Respiration

COURSE OUTCOME

1. Gain Self Competency and Confidence
2. Practice Emotional Competency
3. Gain Intellectual Competency
4. Gain an edge through Professional Competency
5. Aim for high sense of Social Competency
6. Be an integral Human Being

STUDENTS LIST

SL.NO.	CLASS NO.	NAME OF THE STUDENT	CLASS
1	208	Alina Binesh	III DC Chemistry
2	215	Amala T.R	I DC Chemistry
3	205	Anjitha S Nair	I DC Chemistry
4	216	Drisy D	I DC Chemistry
5	221	Sivapriya.T.B	I DC Chemistry
6	222	T B Krishnapriya	I DC Chemistry
7	351	Aiswarya sasi	I PG M. com
8	352	Aleena Sunny	I PG Mmcom
9	835	Aleeta Thomas	II DC B.com
10	355	Athira Anna Joseph	II PG M.com
11	814	Delbypaulose	II DC B.com
12	360	Jeesmaria jolly	I PG Mcom
13	804	Karthik sivan	II DC B.com
14	361	Kuriakose Mathew	I PG M.com
15	362	MARIA VARGHESE	I PG M.com
16	364	Sreelakshmi k.s	I PG M.com
18	366	Teena Tom	I PG M.com
19	510	Alosious jose	III DC Economics
20	535	GOPIKA KG	III DC Economics
21	517	Indrajith Hari	III DC Economics
22	536	Jenitt Jolly	III DC Economics
23	536	Jenott jolly	III DC Economics
24	538	Limisha Lalson	II DC Economics
25	509	Nikhitha S	I DC Economics
26	539	Parvathy Biju	II DC Economics
27	544	Sreenandhana P Vasu	II DC Economics
28	545	TA Anitha	II DC Economics
29	609	Akshara Raju	I DC English
30	619	Ananthkrishnan S	I DC English
31	256	Divina S Rose	I DC English
32	639	Kavya Sajeevan	I DC English
33	644	Parvathi Sanilkumar	I DC English
34	646	Rohini Vijayan	I DC English
35	647	Rose Mariya P Jose	I DC English
36	648	Roshini Bino	I DC English
37	260	Santra Anish	I PG English
38	261	Sreeparvathy J	I PG English
39	07	Aleena Antony	I DC English S. F
40	716	Athira Anilkumar	II DC Malayalam
41	01	Alin Mary Santhosh	II DC Mathematics
42	03	Anusree S	II DC Mathematics

43	04	Arya Sajeev	II DC Mathematics
44	05	Athira Babu	II DC Mathematics
45	29	Athira Jyothi M	I DC Mathematics
46	6	Devika B	II DC Mathematics
47	07	Devika Suresh	II DC Mathematics
48	08	Elizabeth Reji	II DC Mathematics
49	9	Fathima K N	II DC Mathematics
50	17	Femi Jacob	II DC Mathematics
51	10	Haritha Hari	II DC Mathematics
52	11	Johnsymol Joy	II DC Mathematics
53	18	Keerthana shabu	II DC Mathematics
54	19	Krishna KB	II DC Mathematics
55	20	Krishna M Nair	II DC Mathematics
56	21	Monisha Jose	II DC Mathematics
57	22	Riya Gireesh	II DC Mathematics
58	20	Russal praveen	I DC Mathematics
59	34	Sona sunil	III DC Mathematics

CERTIFICATE

DEVA MATHA COLLEGE KURAVILANGAD


Re-Accredited by NAAC with A grade
 Website: www.devamatha.ac.in, E-mail: principaldmck@gmail.com





Certificate

This is to certify that _____ has successfully completed the Add-on Course titled : LIFE SKILL TRAINING conducted by the Deva Matha College Kuravilangad NCC unit during the academic year 2021-2022 with 'A' grade

Kuravilangad
15-06-2022



Capt. Dr. Sathees Thomas
ANO, Deva Matha college



Dr. Sunil C Mathew
Principal

ATTENDANCE & MARK LIST

DEVA MATHA COLLEGE, KURAVILANGAD									
LIFE SKILL TRAINING									
Sl.NO	NAME	DEPARTMENT	ATTENDANCE					EXAM GRADE	REMARK
			DAY 1	DAY 2	DAY 3	DAY 4	ONLINE		
1	Alina Binesh	Chemistry	Present	Present	Present	Present		A	PASSED
2	Amala T.R	Chemistry	Present	Present	Present	Present		A	PASSED
3	Anjitha S Nair	Chemistry	Present	Present	Present	Present		A	PASSED
4	Drisya D	Chemistry	Present	Present	Present	Present		A	PASSED
5	Sivapriya T.B	Chemistry	Present	Present	Present	Present		A	PASSED
6	T B Krishnapriya	Chemistry	Present	Present	Present	Present		A	PASSED
7	Aiswarya sasi	Commerce	Present	Present	Present	Present		A	PASSED
8	Aleena Sunny	Commerce	Present	Present	Present	Present		A	PASSED
9	Aleeta Thomas	Commerce	Present	Present	Present	Present		A	PASSED
10	Athira Anna Joseph	Commerce	Present	Present	Present	Present		A	PASSED
11	Delbypaulose	Commerce	Absent	Absent	Absent	Absent		NIL	FAILED
12	Jeesmaria jolly	Commerce	Present	Present	Present	Present		A	PASSED
13	Karthik sivan	Commerce	Present	Present	Present	Present		A	PASSED
14	Kuriakose Mathew	Commerce	Present	Present	Present	Present		A	PASSED
15	MARIA VARGHSE	Commerce	Present	Present	Present	Present		A	PASSED
16	Sreelakshmi k s	Commerce	Present	Present	Present	Present		A	PASSED
18	Teena Tom	Commerce	Present	Present	Present	Present		A	PASSED
19	Alosious jose	Economics	Present	Present	Present	Present		A	PASSED
20	GOPIKA KG	Economics	Present	Present	Present	Present		A	PASSED
21	Indrajith Hari	Economics	Present	Present	Present	Present		A	PASSED
22	Jenitt Jolly	Economics	Present	Present	Present	Present		A	PASSED
23	Jenott jolly	Economics	Present	Present	Present	Present		A	PASSED
24	Limisha Lalson	Economics	Absent	Absent	Absent	Absent		NIL	FAILED
25	Nikhitha S	Economics	Present	Present	Present	Present		A	PASSED
26	Parvathy Biju	Economics	Present	Present	Present	Present		A	PASSED
27	Sreenandhana P Vasu	Economics	Present	Present	Present	Present		A	PASSED
28	TA Anitha	Economics	Present	Present	Present	Present		A	PASSED
29	Akshara Raju	English	Present	Present	Present	Present		A	PASSED

30	Ananthkrishnan S	English	അൻ	അൻ	അൻ	അൻ	A	PASSED
31	Divina S Rose	English	ദൈ	ദൈ	ദൈ	ദൈ	A	PASSED
32	Kavya Sajeevan	English	കാവ	കാവ	കാവ	കാവ	A	PASSED
33	Parvathi SanilKumar	English	പാർ	പാർ	പാർ	പാർ	NIL	FAILED
34	Rohini Vijayan	English	രോ	രോ	രോ	രോ	A	PASSED
35	Rose Mariya P Jose	English	റോ	റോ	റോ	റോ	A	PASSED
36	Roshini Bino	English	രോ	രോ	രോ	രോ	A	PASSED
37	Santra Anish	English	സാ	സാ	സാ	സാ	A	PASSED
38	Sreeparvathy J	English	സ്രീ	സ്രീ	സ്രീ	സ്രീ	A	PASSED
39	Aleena Antony	English S. F	അ	അ	അ	അ	NIL	FAILED
40	Athira Anilkumar	Malayalam	ആ	ആ	ആ	ആ	A	PASSED
41	Alin Mary Santhosh	Mathematics	അ	അ	അ	അ	A	PASSED
42	Anusree S	Mathematics	അ	അ	അ	അ	A	PASSED
43	Arya Sajeev	Mathematics	അ	അ	അ	അ	A	PASSED
44	Athira Babu	Mathematics	ആ	ആ	ആ	ആ	A	PASSED
45	Athira Jyothi M	Mathematics	ആ	ആ	ആ	ആ	A	PASSED
46	Devika B	Mathematics	ദേ	ദേ	ദേ	ദേ	A	PASSED
47	Devika Suresh	Mathematics	ദേ	ദേ	ദേ	ദേ	A	PASSED
48	Elizabeth Reji	Mathematics	ലി	ലി	ലി	ലി	A	PASSED
49	Fathima K N	Mathematics	ഫാ	ഫാ	ഫാ	ഫാ	A	PASSED
50	Femi Jacob	Mathematics	ഫെ	ഫെ	ഫെ	ഫെ	A	PASSED
51	Haritha Hari	Mathematics	ഹാ	ഹാ	ഹാ	ഹാ	A	PASSED
52	Johnsymol Joy	Mathematics	ജോ	ജോ	ജോ	ജോ	A	PASSED
53	Keerthana shabu	Mathematics	കീ	കീ	കീ	കീ	A	PASSED
54	Krishna KB	Mathematics	കൃ	കൃ	കൃ	കൃ	A	PASSED
55	Krishna M Nair	Mathematics	കൃ	കൃ	കൃ	കൃ	A	PASSED
56	Monisha Jose	Mathematics	മോ	മോ	മോ	മോ	A	PASSED
57	Riya Gireesh	Mathematics	രി	രി	രി	രി	A	PASSED
58	Russal praveen	Mathematics	റു	റു	റു	റു	A	PASSED
59	Sona sunil	Mathematics	സോ	സോ	സോ	സോ	A	PASSED

PHOTOS







Brincy Mathew

Dr. Brincy Mathew

Add-on Course General Co-Ordinator



Prinid Mathew

Principal
Deva Matha College
Kuravilangad - 686 633